



Volume 2 No. 1
ISSN 2408 – 7386

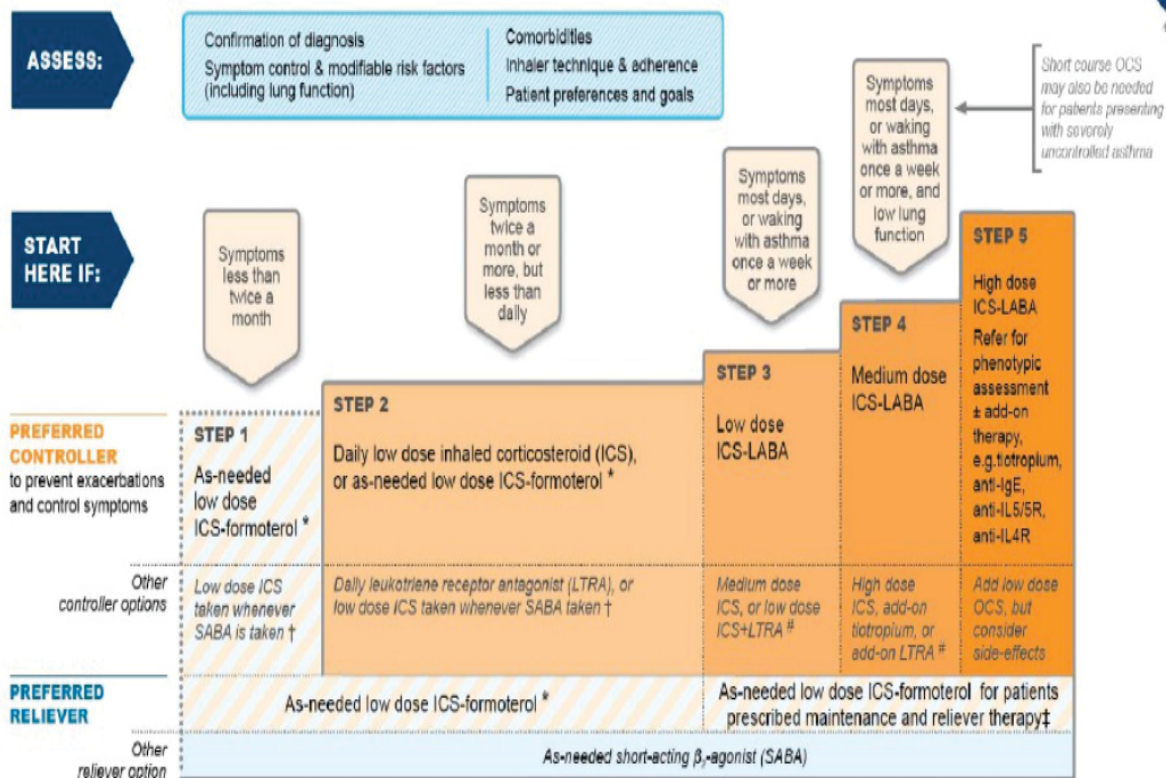
NIGERIAN JOURNAL OF CHEST DISEASES

THE OFFICIAL PUBLICATION OF THE
NIGERIAN THORACIC SOCIETY
(NTS)

NOVEMBER
2020

GINA 2020.....

SUGGESTED INITIAL CONTROLLER TREATMENT IN ADULTS AND ADOLESCENTS WITH A DIAGNOSIS OF ASTHMA



* Data only with budesonide-formoterol (*bud-form*)
† Separate or combination ICS and SABA inhalers

‡ Low-dose ICS-form is the reliever only for patients prescribed *bud-form* or *BDP-form* maintenance and reliever therapy
Consider adding HDM SLIT for sensitized patients with allergic rhinitis and FEV₁ >70% predicted

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TABLE OF CONTENTS

General Information	51 – 52
Editorial Comment	53
THE ENVIRONMENT AND LUNG DISEASES: Clinical Impact of a dysfunctional ecosystem. Prof. I. J. Ekpoh,	54 – 63
RELATIONSHIP BETWEEN SERUM ZINC LEVELS AND SOCIO-DEMOGRAPHIC FEATURES IN NIGERIAN CHILDREN WITH ACUTE LOWER RESPIRATORY INFECTIONS Ibraheem RM, Johnson WBR, Gobir AA, Bilaminu SA, Adedoyin OT	64 – 68
USE OF THORACIC ULTRASOUND AMONG RESPIRATORY PHYSICIANS IN NIGERIA: RESULTS FROM A PRELIMINARY SURVEY Adeniyi Bamidele ,Nwosu Nnamdi, Sola Kareem, Janet Akinmoladun, Gregory Erhabo	69 – 73
THE ROLES OF THE PHYSIOTHERAPIST IN THE MANAGEMENT OF RESPIRATORY DISEASES Aweto, Happiness Anulika	74 – 78
RISK OF OBSTRUCTIVE SLEEP APNEA SYNDROME IN AN ADULT POPULATION WITH HIV INFECTION IN SOUTHWEST NIGERIA Odeyemi AO, Ala AO, Ogunwobi OO, Odeyemi AO, Oni OO, Israel GM, Oyewusi DO.	79 – 85
PATTERN AND TRIGGER FACTORS OF ASTHMA EXACERBATION IN CHILDREN SEEN AT USMANU DANFODIYO UNIVERSITY TEACHING HOSPITAL, SOKOTO. Garba BI, Sani UM, Isezuo KO, Waziri UM, Abubakar FI	86 – 88
SILICOSIS MISDIAGNOSED AS SEVERE ASTHMA IN A GOLD MINER FROM ZAMFARA, NORTH-WESTERN NIGERIA. Abbas A, Tambuwal H.S, Yunusa G.H, Mande K.M, Wasagu M.I	89 – 92
Abstracts for NTS Conference 2019	93 – 106



GENERAL INFORMATION

About the Journal.

The Nigerian Journal of Chest Diseases is published by the Nigerian Thoracic Society. The journal is intended to serve as a medium for the publication of research findings in the broad field of respiratory medicine in Africa, and other developing countries. It will serve as a source of information on the state of the art lung and heart diseases. Its purpose is to promote clinical and academic excellence in respiratory medicine and allied sciences. The journal will be published once a year (November).

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The Journal welcomes papers in the form of:

Original articles: the format for this should be: title page, summary/abstract introduction, materials and methods, results, discussion, conclusion, acknowledgement, references, tables, legends to figures and figures arranged in that order.

Brief communication Review articles and special articles: these are usually by initiation.

Case reports

Letters to the Editor are also accepted.

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Book reviews

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Manuscripts should be prepared in accordance with the 'Uniform Requirements submitted to Biomedical Journals'. The paper should be typed with 3cm margins and double space throughout, including illustrations and references. Pages should be numbered and word-count provided for the abstract and the complete paper excluding references, tables and legends. Point size 12 using Microsoft Word application.

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At the end of the abstracts include not more than 5 key words or phrases to be used for indexing.

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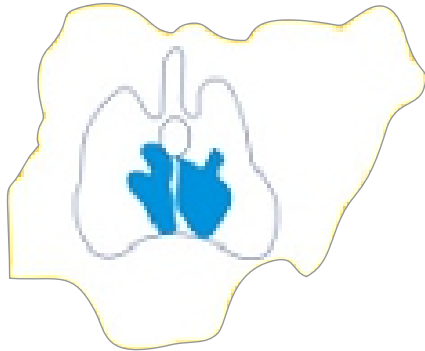
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EDITORIAL COMMENT



We are back on stream after a lull. The events of Calabar 2019 were the immediate stimuli. The theme was “The environment and lung diseases: clinical impact of a dysfunctional ecosystem”. Papers were presented by many on different aspects of thoracic medicine – paediatric pulmonology, adult pulmonology, thoracic surgery, physiotherapy, radiography etc. The invited papers were superbly presented and the scientific sessions were highly illuminating.

The National President of the NTS was overwhelmed and involved some members of the editorial board, then *in utero*, to press on some of the presenters to develop their research presentations. These were subjected to strict peer review process to come out with what you have in your hand. The Editor in chief, on his own invited some of the Special Presenters to develop theirs for inclusion. One paper accepted by the previous editorial board was transferred and included.

We will not just be dependent on conference presentation to keep afloat. You are invited to put those your scientific research findings in the right form and send to us. If it passes through our strict review process, yours may be part of the next volume. Even if your paper is not accepted you may use the honest comments to modify it.

You would have noticed that the online edition came out first. The hard copy is on the way. We hope to keep afloat if you patronise your journal. It is ours to shape and keep.

We acknowledge PharmaSymbiosis the marketing partner for AstraZeneca Nigeria who supported this publication by sending advert. Once our finances improve, we will create a separate website apart from the NTS website.

With your support, continuity will be guaranteed and then we will be fit to seek for various indexing.

Thank You

Chibueze H. Njoku
Editor in Chief